

# MOON CHART 2011

In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law. Wisely utilizing newly acquired energies keeps inflowing and outflowing channels open and prevents emotional, mental and psychical congestions, which may otherwise be experienced, with their accompanying physical consequences.

**Table of new and full moons for the twelve months of 2011:**

<u>UNITED STATES STANDARD TIME</u>									
<u>2011</u>	<u>EST</u> <u>Day</u>	<u>Moon</u>	<u>Sign</u>	<u>Eastern</u>	<u>Central</u>	<u>Mountain</u>	<u>Pacific</u>	<u>Greenwich</u> <u>Mean Time</u>	<u>GMT</u> <u>Day</u>
Jan	04	New#	Cap	4:04am	3:04am	2:04am	1:04am	9:04 am	04
Jan	19	Full		4:23pm	3:23pm	2:23pm	1:23pm	9:23 pm	19
Feb	02	New	Aqu	9:32pm	8:32pm	7:32pm	6:32pm	2:32 am	03
Feb	18	Full		3:27am	2:27am	1:27am	12:27am	8:37 am	18
Mar	04	New	Pic	3:47pm	2:47pm	1:47pm	12:47pm	8:47 pm	04
Mar	19	Full		1:11pm	12:11pm	11:11am	10:11am	6:11 pm	19
Apr	03	New	Ari	9:33am	8:33am	7:33am	6:33am	2:33 pm	03
Apr	17	Full		9:45pm	8:45pm	7:45pm	6:45pm	2:45 am	18
May	03	New	Tau	1:52am	12:52am	11:52pm*	10:52pm*	6:52 am	03
May	17	Full		6:10am	5:10am	4:10am	3:10am	11:10 am	17
Jun	01	New#	Gem	4:04pm	3:04pm	2:04pm	1:04pm	9:04 pm	01
Jun	15	Full#		3:15pm	2:15pm	1:15pm	12:15pm	8:15 pm	15
Jul	01	New#	Can	3:55am	2:55am	1:55am	12:55am	8:55 am	01
Jul	15	Full		1:41am	12:41am	11:41pm*	10:41pm*	6:41 am	15
Jul	30	New	Leo	1:41pm	12:41pm	11:41am	10:41am	6:41 pm	30
Aug	13	Full		1:59pm	12:59pm	11:59am	10:59am	6:59 pm	13
Aug	28	New	Vir	10:05pm	9:05pm	8:05pm	7:05pm	3:05 am	29
Sep	12	Full		4:28am	3:28am	2:28am	1:28am	9:28 am	12
Sep	27	New	Lib	6:10am	5:10am	4:10am	3:10am	11:10 am	27
Oct	11	Full		9:07pm	8:07pm	7:07pm	6:07pm	2:07 am	12
Oct	26	New	Sco	2:57pm	1:57pm	12:57pm	11:57am	7:57 pm	26
Nov	10	Full		3:17pm	2:17pm	1:17pm	12:17pm	8:17 pm	10
Nov	25	New#	Sag	1:11am	12:11am	11:11pm*	10:11pm*	6:11 am	25
Dec	10	Full#		9:37am	8:37am	7:37am	6:37am	2:37 pm	10
Dec	24	New	Cap	1:07pm	12:07pm	11:07am	10:07am	6:07 pm	24

## **NOTE:**

When and where **Daylight Saving Time** is in use, **add one hour** to the above times.

(#) indicates eclipses of the sun at the new moon, and of the moon at the full moon.

(\*) indicates **pm** of the *day previous* to the day stated in the column for Eastern Standard Time.

The full moons of the three spiritual Festivals will be observed worldwide on the following days:

*Easter* on April 17<sup>th</sup>, *Wesak* on May 16<sup>th</sup>, and the *Christ's Festival* and *World Invocation Day* on June 15<sup>th</sup>.

**Check locally for the actual day of the festival meetings**, which may vary from the date of the full moon.

## **KEYNOTES FOR THE DISCIPLE**

<b><u>ARIES:</u></b>	I come forth and from the plane of mind, I rule.
<b><u>TAURUS:</u></b>	I see and when the eye is opened, all is light.
<b><u>GEMINI:</u></b>	I recognise my other self and in the waning of that self, I grow and glow.
<b><u>CANCER:</u></b>	I build a lighted house and therein dwell.
<b><u>LEO:</u></b>	I am That and That am I.
<b><u>VIRGO:</u></b>	I am the Mother and the Child. I, God, I, matter am.
<b><u>LIBRA:</u></b>	I choose the way that leads between the two great lines of force.
<b><u>SCORPIO:</u></b>	Warrior I am and from the battle I emerge triumphant.
<b><u>SAGITTARIUS:</u></b>	I see the goal. I reach that goal and then I see another.
<b><u>CAPRICORN:</u></b>	Lost am I in light supernal, yet on that light I turn my back.
<b><u>AQUARIUS:</u></b>	Water of Life am I, poured forth for thirsty men.
<b><u>PISCES:</u></b>	I leave the Father's home and turning back, I save.

*These keynotes for the disciple may be used in sequence as the seed thought for the meditation work done each month at the time of the full moon.*

# *Twelve Spiritual Festivals*

## **2011 CALENDAR**

Below is a complete list of group meditation meetings to be held each month at the time of the full moon.\* Will you **please mark these dates on your calendar**. We encourage all those who can, to attend these meetings in person. The physical proximity of fellow meditators can greatly augment the power and successful achievement of the meditation's purpose of helping humanity to move towards its spiritual goal.

**All meetings will be held at the  
New York Theosophical Society  
242 East 53<sup>rd</sup> Street, New York, NY  
(between 2<sup>nd</sup> & 3<sup>rd</sup> Avenues)**

Meetings begin promptly at the time indicated. As late arrivals can be a distraction and cause disturbance, we appreciate the promptness and quiet of all those who participate in this meditation service.

<b>Tuesday, January 18</b>	<b>Capricorn</b>	<b>7:00 pm</b>
<b>Thursday, February 17</b>	<b>Aquarius</b>	<b>7:00 pm</b>
<b>Friday, March 18</b>	<b>Pisces</b>	<b>7:00 pm</b>
<b>Sunday, April 17</b>	<b>Aries (Easter Festival)</b>	<b>3:00 pm</b>
<b>Monday, May 16</b>	<b>Taurus (Wesak Festival)</b>	<b>7:00 pm</b>
<b>Tuesday, June 14</b>	<b>Gemini (Christ's Festival)</b>	<b>7:00 pm</b>
<b>Thursday, July 14</b>	<b>Cancer</b>	<b>7:00 pm</b>
<b>Friday, August 12</b>	<b>Leo</b>	<b>7:00 pm</b>
<b>Sunday, September 11</b>	<b>Virgo</b>	<b>3:00 pm</b>
<b>Tuesday, October 11</b>	<b>Libra</b>	<b>7:00 pm</b>
<b>Thursday, November 10</b>	<b>Scorpio</b>	<b>7:00 pm</b>
<b>Friday, December 9</b>	<b>Sagittarius</b>	<b>7:00 pm</b>

*The Arcane School Conference in New York will be held on Saturday and Sunday, May 14 and 15.*

\*The rhythm of the full moon is used to schedule these meditations as it marks the time each month when the divine energies of Light, Love and Power are at their peak and their impact can be registered by a group and radiated into human consciousness.

**LUCIS TRUST, 120 Wall Street, 24th Floor, New York, NY 10005. Tel. (212) 292-0707**

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# ***New Moon Meditation***

## **2011 CALENDAR**

*“STRENGTHENING THE HANDS OF THE NEW GROUP OF WORLD SERVERS”*

The following are the dates of the new moon each month, when the theme of meditation is strengthening the hands of the new group of world servers.

Tuesday, January 4  
Thursday, February 3  
Friday, March 4  
Monday, April 4  
Tuesday, May 3  
Wednesday, June 1  
Friday, July 1  
Monday, August 1  
Tuesday, August 30  
Tuesday, September 27  
Wednesday, October 26  
Wednesday, November 23  
Friday, December 23

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**A SPECIAL SYMPOSIUM**  
***SPONSORED BY WORLD GOODWILL***  
will be held on  
**Saturday, October 29**

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