

# MOON CHART 2014

Table of new and full moons for the twelve months of 2014:

			U N I T E D   S T A T E S   T I M E					
DATE	MOON	FESTIVAL **	EASTERN	CENTRAL	MOUNTAIN	PACIFIC	GMT	DAY
Jan 1	NEW	Capricorn	6:15am	5:15am	4:15am	3:15am	11:15am	1
Jan 15	FULL	Capricorn	11:53pm	10:53pm	9:53pm	8:53pm	4:53am	16
Jan 30	NEW	Aquarius	4:40pm	3:40pm	2:40pm	1:40pm	9:40pm	30
Feb 14	FULL	Aquarius	6:54pm	5:54pm	4:54pm	3:54pm	11:54pm	14
Mar 1	NEW	Pisces	3:01am	2:01am	1:01am	12:01am	8:01am	1
Mar 16	FULL	Pisces	1:09pm*	12:09pm*	11:09am*	10:09am*	5:09pm	16
Mar 30	NEW	Aries	2:46pm*	1:46pm*	12:46pm*	11:46am*	6:46pm	30
Apr 15	FULL#	Aries	3:43am*	2:43am*	1:43am*	12:43am*	7:43am	15
Apr 29	NEW^	Taurus	2:15am*	1:15am*	12:15am*	11:15pm*(-)	6:15am	29
May 14	FULL	Taurus	3:17pm*	2:17pm*	1:17pm*	12:17pm*	7:17pm	14
May 28	NEW	Gemini	2:41pm*	1:41pm*	12:41pm*	11:41am*	6:41pm	28
Jun 13	FULL	Gemini	12:13am*	11:13pm*(-)	10:13pm*(-)	9:13pm*	4:13am	13
Jun 27	NEW	Cancer	4:10am*	3:10am*	2:10am*	1:10am*	8:10am	27
Jul 12	FULL	Cancer	7:26am*	6:26am*	5:26am*	4:26am*	11:26am	12
Jul 26	NEW	Leo	6:43pm*	5:43pm*	4:43pm*	3:43pm*	10:43pm	26
Aug 10	FULL	Leo	2:10pm*	1:10pm*	12:10pm*	11:10am*	6:10pm	10
Aug 25	NEW	Virgo	10:14am*	9:14am*	8:14am*	7:14am*	2:14pm	25
Sep 8	FULL	Virgo	9:39pm*	8:39pm*	7:39pm*	6:39pm*	1:39am	9
Sep 24	NEW	Libra	2:15am*	1:15am*	12:15am*	11:15pm*(-)	6:15am	24
Oct 8	FULL#	Libra	6:52am*	5:52am*	4:52am*	3:52am*	10:52am	8
Oct 23	NEW^	Scorpio	5:58pm*	4:58pm*	3:58pm*	2:58pm*	9:58pm	23
Nov 6	FULL	Scorpio	5:24pm	4:24pm	3:24pm	2:24pm	10:24pm	6
Nov 22	NEW	Sagittarius	7:33am	6:33am	5:33am	4:33am	12:33pm	22
Dec 6	FULL	Sagittarius	7:28am	6:28am	5:28am	4:28am	12:28pm	6
Dec 21	NEW	Capricorn	8:37pm	7:37pm	6:37pm	5:37pm	1:37am	22

## NOTES:

(#) indicates a full eclipse near to the time of the new or full moon.

(^ ) indicates partial or annular eclipses near to the time of the new or full moon.

(-) indicates pm of the *day previous* to the day stated in the column for Eastern Standard Time.

(\*) Please note that Daylight Saving Time is shown – 1 hour has been added to Standard Time.

(\*\*) The astrological sign shown in this column is the sign relating to the sun rather than the moon.

The Three Spiritual Festivals will be celebrated on the following days:

*Easter* on April 14<sup>th</sup>, *Wesak* on May 14<sup>th</sup>, and the *Christ's Festival* and *World Invocation Day* on June 12<sup>th</sup>.

Check locally for the actual day of the festival meetings, which may vary from the date of the full moon.

In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.

Wisely utilizing newly acquired energies keeps inflowing and outflowing channels open and prevents emotional, mental, and psychical congestions, which may otherwise be experienced, with their accompanying physical consequences.

### KEYNOTES FOR THE DISCIPLE

*These keynotes for the disciple may be used in sequence as the seed thought for the meditation work done each month at the time of the full moon.*

<b>ARIES:</b>	I come forth and from the plane of mind, I rule.
<b>TAURUS:</b>	I see and when the eye is opened, all is light.
<b>GEMINI:</b>	I recognise my other self and in the waning of that self, I grow and glow.
<b>CANCER:</b>	I build a lighted house and therein dwell.
<b>LEO:</b>	I am That and That am I.
<b>VIRGO:</b>	I am the Mother and the Child. I, God, I, matter am.
<b>LIBRA:</b>	I choose the way that leads between the two great lines of force.
<b>SCORPIO:</b>	Warrior I am and from the battle I emerge triumphant.
<b>SAGITTARIUS:</b>	I see the goal. I reach that goal and then I see another.
<b>CAPRICORN:</b>	Lost am I in light supernal, yet on that light I turn my back.
<b>AQUARIUS:</b>	Water of Life am I, poured forth for thirsty men.
<b>PISCES:</b>	I leave the Father's home and turning back, I save.